School Report

International Sport School

Testing date	Number of pupils
04/2020	33

Total physical skill index

(Overall average from the average of individual physical disciplines)

59 %

Summary of challenges results for school

Challenge	Skill	Avg result of school	Average percentile*
1. 30 m sprint	speed	6.38 s	50 %
2. Long jump / Triple jump	explosiveness	142 cm	59 %
3. Basketball throw	power	419 cm	66 %
4. 500/1000m run	aerobic capacity	2 min 16 s	72 %
5. Vault test	coordination	28 s	45 %
6. One-leg standing	balance	17 s	63 %
7. Bend forward	flexibility	3 cm	58 %
8. Capture the flag	game overview	low 3%	medium 82% ** high 15%
9. Height	height	BA 12%	A 82% ** AA 6%

* **The average percentile of all students in school** (Example: all children in school are, on average, better than 59 percent of their peers in a given discipline)
** **What percentage of students in school are in a given category** (Example: 82 percent of students in school are on average height)

BA - Below average
A - Average
AA - Above average

Results of single classes (%)*

Classroom	30 m sprint	Long jump / Triple jump	Basketball throw	500/1000m run	Vault test	One-leg standing	Bend forward	Height** BA	A	AA	Capture the flag** low	medium	high
Class 1	52%	57%	57%	82%	46%	71%	59%	6%	94%	0%	19%	75%	6%
Class 2	48%	59%	74%	64%	45%	56%	56%	0%	71%	29%	6%	88%	6%
Class 3	52%	57%	57%	82%	46%	71%	59%	6%	94%	0%	19%	75%	6%
Class 4	48%	59%	74%	64%	45%	56%	56%	0%	71%	29%	6%	88%	6%
Class 5	52%	57%	57%	82%	46%	71%	59%	6%	94%	0%	19%	75%	6%
Class 6	48%	59%	74%	64%	45%	56%	56%	0%	71%	29%	6%	88%	6%
Class 7	52%	57%	57%	82%	46%	71%	59%	6%	94%	0%	19%	75%	6%
Class 8	48%	59%	74%	64%	45%	56%	56%	0%	71%	29%	6%	88%	6%
Class 9	52%	57%	57%	82%	46%	71%	59%	6%	94%	0%	19%	75%	6%

* **The average percentile of all students in class** (Example: all children in class are, on average, better than 59 percent of their peers in a given discipline)
** **What percentage of students in class are in a given category** (Example: 82 percent of students in class are of medium height)

Based on the result, the teacher can customize or amend the program in physical education.
Example: speed development if the class results are below the average of their peers.

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Detailed results of the class*

Class 1	30 m sprint (s)	Long jump / Triple jump (cm)	Basketball throw (cm)	500/1000m run (min:s)	Vault test (s)	One-leg standing (s)	Bend forward (cm)	Capture the flag (pts)	Height (cm)
Anna Nursova	5.8	150	440	2:17	22	20	27	2	149
girl / 10 years	76%	72%	76%	76%	77%	73%	63%	medium	BA
Daniel Franc	6	150	430	2:10	28	30	25	2	150
boy / 10 years	65%	59%	53%	73%	41%	89%	77%	medium	A
Dominik Sulc	6	145	460	2:12	28	8	21	2	148
boy / 10 years	65%	50%	69%	71%	41%	50%	54%	medium	AA
Jan Novak	6	140	320	2:10	30	4	23	2	123
boy / 10 years	65%	44%	10%	73%	34%	25%	67%	medium	BA
Jaroslava Drobna	6	150	460	2:10	30	40	24	2	148
girl / 10 years	68%	72%	84%	84%	36%	89%	47%	medium	A
Jiri Fous	6.2	150	490	2:3	37	20	22	2	148
boy / 10 years	50%	59%	81%	84%	17%	81%	61%	medium	AA
Kristyna Trojanova	5.8	143	420	1:50	30	24	28	3	148
girl / 10 years	76%	60%	67%	98%	36%	78%	68%	high	BA
Martin Norbert	6.9	150	480	2:20	30	30	20	1	150
boy / 10 years	26%	59%	77%	60%	34%	89%	47%	low	A
Martin Hron	6	140	400	1:55	23	20	23	1	145
boy / 10 years	65%	44%	38%	93%	67%	81%	67%	low	AA
Matyas David	7	155	420	1:55	21	20	24	2	146
boy / 10 years	23%	66%	48%	93%	79%	81%	72%	medium	BA
Nicole Hron	6.8	140	400	1:55	26	23	24	2	140
girl / 10 years	30%	57%	57%	97%	55%	77%	47%	medium	A
Nikola Mala	5.9	155	430	1:50	22	30	28	2	147
girl / 10 years	72%	78%	72%	98%	77%	83%	68%	medium	AA
Patrik Jay	7	140	480	2:20	29	8	20	2	149
boy / 10 years	23%	44%	77%	60%	37%	50%	47%	medium	BA
Pavlina Novotna	6.2	143	380	1:58	30	15	24	2	143
girl / 10 years	51%	60%	44%	95%	36%	64%	47%	medium	A
Robert Plaga	6.2	155	410	2:2	25	20	24	2	150
boy / 10 years	50%	65%	43%	85%	56%	81%	72%	medium	AA
Zora Levinska	6.9	130	350	2:25	39	8	22	1	146
girl / 10 years	27%	41%	30%	64%	6%	41%	36%	low	BA

*   **Percents show comparison to students of the same age and gender.** (Example: If child's result is showing 76 percent, it means that he/she is bettet than 76 percent of their peers (of the same gender and age)and only 24 percent were better than him/her)